

CONNECT WITH PEOPLE AND PLACE AT BPCA PARKS PROGRAMS





Help BPC stay green this holiday season! Please deposit your tree on the curb without decorations. BPCA staff will pick up trees thru January 27. Trees are chipped and used for mulch in the parks of Battery Park City. For more information email: info@bpca.ny.gov or call: 212-267-9700.



MESSAGE FROM THE BATTERY PARK CITY AUTHORITY PRESIDENT & CEO, B.J. JONES

'Tis the season! After another great year here in Battery Park City we invite all our residents, partners, and friends to join us for a 2020 that's chock full of fun. This winter we've got 900 programs and events on offer across our indoor and outdoor public spaces, including an expanded and topical Tuesday Talks series, holiday and cultural celebrations in our Community Room, Friday Night art house film classics and a concert and poetry marking Earth Day's 50th Anniversary!

We look forward to spending the season with you in Battery Park City.

See you here.



Stay connected

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instagram.com/bpcparks



FRIDAY, JAN10

FRIDAY NIGHT ART HOUSE CLASSICS: PUTNEY SWOPE 6PM, 6 RIVER TERRACE

The best art house cinema is characterized by independent filmmakers with uncompromising vision. This series features courageous films inspired by the civil rights movement. *Putney Swope* is a 1969 satirical comedy film about a black advertising executive. The film satirizes the advertising world, the portrayal of race in Hollywood films, the white power structure and the nature of corporate corruption. Free popcorn will be served, and a discussion will follow the screenings. *Mature audiences only*.



MONDAY, JAN13 WRITE ME FILM SCREENING AND ARTIST & ACTIVIST TALKBACK 7PM, MUSEUM OF JEWISH HERITAGE 36 BATTERY PLACE

Write Me (2019; 7 mins.) follows a Holocaust survivor and a survivor of human trafficking regaining power over their bodies by removing physical evidence of "branding." Write Me is adapted from the poem, "After Auschwitz," by Deborah Kahan Kolb, and premieres at New York Jewish Film Festival. The preview screening will be followed by a discussion with director Pearl Gluck, poet Deborah Kahan Kolb, composer Lisa Gutkin, Auschwitz survivor Shirley Gottesman, trafficking survivor Barbara Freeman and tattoo artist Virginia Elwood. The free evening is part of a series to engage audiences in conversations on art, social justice, and history.

Write Me programs are made possible through a community partnership with the Museum of Jewish Heritage - A Living Memorial to the Holocaust and the Battery Park City Authority.

TUESDAY, JAN**14**

TUESDAY TALKS: CONVERSATION WITH PAUL RIECKHOFF 7PM, 6 RIVER TERRACE

Paul Rieckhoff, host of the Angry Americans podcast, is a BPC resident, veteran of the Iraq War, writer, activist and an advocate for veteran's rights.



Rieckhoff will host an informal and engaging conversation addressing local issues which may end up in the national spotlight during the upcoming Democratic presidential debates and 2020 Presidential election. The discussion will include questions from the audience.

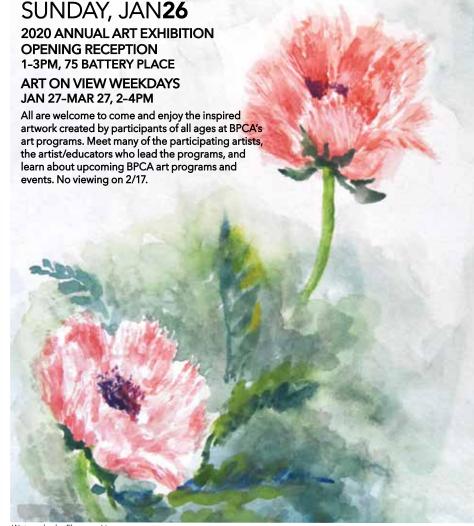
SATURDAY, JAN**25**

SATURDAY FAMILY WORKSHOPS MASQUERADE: BULGARIAN SURVA 11AM -12:30PM, 6 RIVER TERRACE

Surva is a Balkan festival where thousands of people join in a grand parade of costumes and folkloric games to scare away evil spirits, and wish a prosperous year to all. Make your own Surva inspired mask and take part in a parade led by Young Bulgarian Voices of New York. Art project is designed for ages 4 and up.

11AM: ART PROJECT





Watercolor by Florence Liu

TUESDAY, FEB**04**

TUESDAY TALKS: EXPLORING THE AFRICAN BURIAL GROUND MEMORIAL 1PM, 6 RIVER TERRACE

In celebration of Black History Month, guest speaker **T. Rasul Murray**, a historical interpreter and griot at the African Burial Ground National Monument, will present an overview of this sacred site in Lower Manhattan which honors African Americans and informs on the hardships they endured in early America. Discovered in 1991, the burial ground is considered to be one of the most significant archeological finds in the U.S. over the last 100 years.

THURSDAY, FEB06

WRITE ME POETRY WORKSHOP 7PM, MUSEUM OF JEWISH HERITAGE 36 BATTERY PLACE

Join poets **Deborah Kahan Kolb**, who wrote "After Auschwitz" which served as text for the film *Write Me*; **Cornelius Eady**, co-founder of Cave Canem Foundation, the Brooklyn-based incubator for African American poetry, and other poets in a workshop to analyze poetry and encourage writing as a source of healing, resistance, and transmitting personal histories. The evening is part of an intergenerational series to engage audiences in conversations on art, social justice, history, and current events.

 $\it Write \, Me \, programs \, are \, made \, possible \, through \, a \, community \, partnership \, with \, the \, Museum \, of \, Jewish \, Heritage - A \, Living \, Memorial \, to \, the \, Holocaust \, and \, \, the \, Battery \, Park \, City \, Authority.$

FRIDAY, FEB**07**

FRIDAY NIGHT ART HOUSE CLASSICS: SHADOWS 6PM. 6 RIVER TERRACE

The best art house cinema is characterized by independent filmmakers with uncompromising vision. This series features courageous films inspired by the civil rights movement. Shadows is a 1958 American independent dramatic film directed by John Cassavetes about race relations during the Beat Generation years in NYC. Free popcorn will be served, and a discussion will follow the screenings. Mature audiences only.



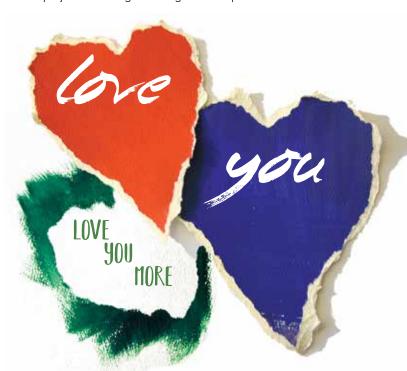
SUNDAY, FEB**09**

VALENTINE MAKING WORKSHOP* 11AM, 6 RIVER TERRACE

FREE PROGRAM:

REGISTRATION IS REQUIRED, SPACE IS LIMITED

All we need is LOVE! Take part in this time-honored annual BPC tradition where participants are invited to make personalized, handmade cards for their loved ones. Cut, paste and decorate with provided materials, and don't forget to seal it with a kiss. Art projects are designed for ages 4 and up.



WEDNESDAY, FEB**19**

WRITE ME STORYTELLING WORKSHOP FOR TEENS AND ADULTS 7PM, MUSEUM OF JEWISH HERITAGE 36 BATTERY PLACE

Pearl Gluck, filmmaker and director of Write Me (2019: 7mins.). a film about Holocaust and human trafficking survivors, will lead a writing workshop in which participants will have the option to share short stories, with an emphasis on personal narratives. The free evening is part of a series to engage audiences in conversations on art, social justice, and history.

Write Me programs are made possible through a community partnership with the Museum of Jewish Heritage - A Living Memorial to the Holocaust and the Battery Park City Authority.

SATURDAY, FEB**22**

SATURDAY FAMILY WORKSHOPS MASQUERADE: VENICIAN CARNIVAL 11AM - 12:30PM, 6 RIVER TERRACE

The Carnival of Venice is world renowned for elaborate and colorful masks and for the ancient theatrics of the Commedia dell'Arte. In this workshop, participants will make their own character masks and watch a performance by the Kairos Italy **Theater** in English and Itailian. Art project is designed for ages 4 and up.

11AM: ART PROJECT 11:45: FAMILY CONCERT

SATURDAY, MAR**07**

SATURDAY FAMILY WORKSHOPS S.T.E.A.M. DREAM 11AM-12:30PM, 6 RIVER TERRACE

Kids are invited to pick up S.T.E.A.M (Science, Technology, Engineering, Arts and Mathematics) at this special event featuring quirky projects from **BK Robot Foundry**, an interactive discovery zone, and live performance by **Soul Science Lab** featuring **Code SCTY**. Projects are designed for ages 4 and up.

11AM: S.T.E.A.M. PROJECTS 11:45: FAMILY CONCERT



FRIDAY, MAR13

FRIDAY NIGHT ART HOUSE CLASSICS: THE HARDER THEY COME 6PM. 6 RIVER TERRACE

The best art house cinema is characterized by filmmakers with uncompromising vision. This series features courageous films inspired by the civil rights movement. The Harder They Come is a 1972 Jamaican film that features Jimmy Cliff as an aspiring young singer from the countryside who travels to Kingston to pursue musical stardom. After being victimized by an unscrupulous record producer, the local drug trade and corrupt police, he fights back and becomes an inadvertent folk hero. Free popcorn will be served, and a discussion will follow the screenings. Mature audiences only.



SATURDAY, MAR**21**

SATURDAY FAMILY WORKSHOPS MASQUERADE: JAPANESE MATSURI 11AM-12:30PM, 6 RIVER TERRACE

Traditional Japanese masks are archetypes borrowed from myth, ancient dances or Noh theater, which represent an array of people, creatures and animals. Make your own Japanese inspired mask and enjoy a dynamic drumming performance by Taiko Masala. Art project is designed for





TUESDAY, MAR**24**

TUESDAY TALKS: WOMEN'S WERK 7PM, 6 RIVER TERRACE

Building upon the success of last year's discussion on the gig economy, this Women's Month we focus on 'next step' practices to help propel your project forward. Topics covered in this informal talk and meet-and-greet with experts Kelly Ridgway, Alexis Henry and DJ Bembona will include sharing resources, financial literacy and developing your own personal support system. Wear your brand tee, swap swag, and network with like-minded women 'werkin' it' just like you.

THURSDAY, MAR**26**

WRITE ME FILM SCREENING AND **EDUCATORS & ACTIVIST PANEL** 6:30PM, MUSEUM OF JEWISH HERITAGE 36 BATTERY PLACE

In honor of Women's History month, Pearl Gluck will introduce her short film Write Me (2019; 7 mins.) followed by a panel discussion on branding and marking of women's bodies in the context of trafficking and power. With Rochelle G. Saidel, founder and executive director of the Remember the Women Institute and co-editor of Sexual Violence against Jewish Women during the Holocaust; Carol E. Henderson, Vice Provost for Diversity and Inclusion, Emory University and an author of Imagining the Black Female Body, and others. Free.

Write Me programs are made possible through a community partnership with the Museum of Jewish Heritage - A Living Memorial to the Holocaust and the Battery Park City Authority.

SATURDAY, APR**04**

CHESS TOURNAMENT* 9AM - 1PM, 6 RIVER TERRACE

FEE: \$15

Join us for a Swiss-style chess tournament where each participant will have the opportunity to compete and develop their interest in chess. An awards ceremony will follow the matches. For ages 5-12. This is a drop-off program.

SUNDAY, APR**05**

KNICKERBOCKER CHAMBER ORCHESTRA: SONGS OF OUR SPHERE-CELEBRATING THE 50TH ANNIVERSARY OF EARTH DAY! 4PM. 6 RIVER TERRACE

"Songs of Our Sphere" is inspired by ancient Greek philosopher Pythagoras's Music of the Spheres. Pythagoras believed that the movements of celestial bodies are a form of music, and that, through this connection, humanity is at one with the universe.

KCO musicians will present works that celebrate nature, such as Vivaldi's Spring from "The Four Seasons;" excerpts from Copland's "The Tender Land;" and Rodgers & Hammerstein's "Oh, What A Beautiful Morning;" as well as works, such as Kurt Weill's "Lost in the Stars"—all music that speaks to issues, spiritual and literal, that confront our continued existence on this earth

 $\label{thm:made} Made\ possible\ through\ a\ partnership\ with\ Knickerbocker\ Chamber\ Orchestra\ and\ Battery\ Park\ City\ Authority\ with\ additional\ support\ from\ Goldman\ Sachs\ Group,\ Inc.$

SATURDAY, APR18

RAPTORS!*

11AM, 6 RIVER TERRACE FREE PROGRAM: REGISTRATION REQUIRED, SPACE IS LIMITED.

Volunteers for Wildlife is a nonprofit wildlife hospital and education center dedicated to the preservation and enhancement of Long Island's wildlife and natural ecosystems. This is an exciting chance to meet live hawks, owls and falcons while learning about the many adaptations that make these animals some of the most skilled hunters on the planet. For ages 4 and up.

TUESDAY, APR21

TUESDAY TALKS: NATURE IN POETRY WITH BOB HOLMAN 1PM, POETS HOUSE 10 RIVER TERRACE

Celebrate Earth Day with poet **Bob Holman**, founder of the Bowery Poetry Club and central figure in the spoken word, slam and digital poetry movements of the last several decades. His recent award winning work in language revitalization will be showcased with a screening of *Khonsay: Poem of Many Tongues*, which contains lines from 50 different endangered languages. Readings and discussions of original poems- as well as works of other poets inspired by nature- will highlight our connection with endangered species as we reflect on Earth Day.

Made possible through a partnership with Poets House and Battery Park City Authority.



WEDNESDAY, APR22

FESTIVAL CHAMBER MUSIC CONCERT 7-9PM, MUSEUM OF JEWISH HERITAGE 36 BATTERY PLACE

FEE: \$10

Presented in conjunction with the Museum's exhibition Auschwitz. Not Long Ago. Not Far Away, hear music by four composers including two who perished, one who survived the Holocaust and enjoyed a long, creative life and one who composes in honor of survivors. Performed by Festival Chamber Music director and cellist Ruth Sommers, Philip Edward Fisher, piano; Anna Elashvili, violin, Calvin Wiersma, viola, Gary Louie, saxophone, and Maureen McKay, soprano.

Please visit https://mjhnyc.org/purchase-tickets.

Made possible through a community partnership with the Museum of Jewish Heritage - A Living Memorial to the Holocaust and Battery Park City Authority.

THURSDAY, APR23

POETRY PATH OPENING: CELEBRATING 10 YEARS IN BATTERY PARK CITY 6PM, POETS HOUSE 10 RIVER TERRACE

Celebrate 10 years of Poets House in Battery Park City with an installation of over 40 poems in a colorful, outdoor Poetry Path enlivening park walkways, benches, fences, and more. Enjoy poems from many cultures that inspire, delight and reflect the power and beauty of language. Meet some of the poets, enjoy readings and light refreshments, and explore the new Poetry Path. All ages welcome!

 ${\it Made possible through a community partnership with Poets House and Battery Park City Authority.}$



MONDAYS JAN06-APR27 MORNING MEDITATION 9:45-10:15AM, 6 RIVER TERRACE

Start your day by balancing your mind, body, and spirit during instructor guided meditation. This renowned practice lowers blood pressure, reduces stress, and strengthens the immune system.

No program on 1/20 and 2/17.

MONDAYS JAN**06**-APR**27**

SENIOR GROUP EXERCISE 10:30-11:45AM, 6 RIVER TERRACE

Strengthen the whole body from warm-up to cool-down with various fun exercises. The instructor will lead you in rhythmic movement and aerobics, balance and coordination exercises, as well as strength training. Come join the group and workout to great music!

No program on 1/20 and 2/17.

TUESDAYS JAN**07**-APR**28**

SENIOR DROP-IN

1-5PM, BPC COMMUNITY ROOM AT 200 RECTOR

Stop by the Community Room at 200 Rector and join seniors from the greater BPC area for conversations, local news, and informal card and board games. Make new friends and catch up with neighbors. For more information email: 200rector@bpca.ny.gov.



COMMUNITY ROOM CELEBRATIONS:

MONDAY, JAN**13**

KARAOKE JAM SESSION 2-4 PM, BPC COMMUNITY ROOM AT 200 RECTOR

Calling all wanna-be rockers, Broadway stars and crooners! Sing away the winter blues with a fun afternoon of friends and tunes at our very own karaoke "bar" complete with tea and treats.

FRIDAY, FEB14

VALENTINE'S DAY SWEET SWAP 2-4 PM, BPC COMMUNITY ROOM AT 200 RECTOR

Bring in a few dozen of one kind of sweet to trade with friends and BPCA staff at this quaint celebration of the sweetest day of the year!

TUESDAY, MAR17

ST. PATRICK'S DAY TEA 2-4 PM, BPC COMMUNITY ROOM AT 200 RECTOR

Everybody's Irish on St. Paddy's Day! Lads and lassies are invited to wear green and join friends and BPCA staff for tea and sweets on this cheery holiday.



Five O'Clock Tea by Mary Cassatt

COMMUNITY ROOM ART TALKS:

ART HISTORIAN AND NYC ART GUIDE **SYLVIA LAUDIEN-MEO** PRESENTS LIVELY, ILLUSTRATED TALKS.

THURSDAY, JAN30

AMERICAN IMPRESSIONIST PAINTER MARY CASSATT 11AM-12PM, BPC COMMUNITY ROOM AT 200 RECTOR

Mary Cassatt is a U.S. born painter and printmaker that depicted the lives of women, especially the special bond between mother and child. Mentored by the greats Degas and Pissarro, Cassatt was the only American artist to exhibit with the Impressionists in Paris.

THURSDAY, MAR12

ARTIST'S MODEL AND MUSE AUDREY MUNSON 11AM-12PM, BPC COMMUNITY ROOM AT 200 RECTOR

Audrey Munson was an American artist's model and film actress, today considered "America's First Supermodel." The most prolific model of her time, statues of her likeness can be found in several of NYC's parks and atop some of its tallest and most famous buildings.

THURSDAY, APR**02**

THE ALLEGORICAL FOUR CONTINENTS SCULPTURES BY DANIEL CHESTER FRENCH

11AM-12PM, BPC COMMUNITY ROOM AT 200 RECTOR

Daniel Chester French attained prominence as an American monumental sculptor in the early 20th Century. The Four Continents located in lower Manhattan, is made up of four distinct sculptures consisting of a central female figure surrounded by other figures and objects that represent Asia, America, Europe and Africa as seen by the artist.

Community Room Art Talks made possible through a community partnership with Battery Park City Seniors and Battery Park City Authority.

13

TUESDAYS JAN**07**-APR**28**

ZUMBA JUMPSTART 10:30-11:30AM, 6 RIVER TERRACE

Join a fitness dance party with upbeat Latin music of salsa, merengue, hip hop, and more! Enthusiastic instruction creates a fun community of dancers who learn new steps each week. Bring your friends and share in this fit and fun dancing community.

TUESDAYS JAN**07**-APR**28**

ZUMBA FIT 11:45-12:45AM, 6 RIVER TERRACE

Join a fitness dance party with upbeat Latin music of salsa, merengue, hip hop, and more! Enthusiastic instruction creates a fun community of dancers who learn new steps each week. Bring your friends and share in this fit and fun dancing community. No class 2/4, 4/21.



WEDNESDAYS FEB**05**-MAR**25**

FIGURE DRAWING* 2:30-5PM, 6 RIVER TERRACE

FREE PROGRAM: REGISTRATION REQUIRED, SPACE IS LIMITED.

Challenge your artistic skills by drawing the human figure. Each week a model will strike long and short poses for participants to draw. An artist/educator will offer constructive suggestions and critique. Materials provided.

WEDNESDAYS JAN08-APR29

ADULT CHORUS 1-2PM, 6 RIVER TERRACE

Directed by Church Street School of Music, the chorus is open to all who love to sing. Learn contemporary and classic songs and perform at community events throughout the year.



* Registration required. Call 212-267-9700 or email registration@bpca.ny.gov 15

TUESDAYS JAN**07**-MAR**31**

CHESS LESSONS FOR CHILDREN*
PAWNS: (BEGINNERS, 5-7 YRS) 3:30-4PM
KNIGHTS: (INTERMEDIATES 7 YRS & UP) 4:10-4:50PM
ROOKS: (ADVANCED 8 YEARS & UP) 5-6PM
6 RIVER TERRACE
13 SESSIONS, \$195

Classes designed for children to experience chess at their level: beginners (Pawns) for kids to learn how the pieces move, intermediate (Knights) for kids who know how the pieces move (this class introduces strategy and tactics), and advanced (Rooks) for kids with experience.

TUESDAYS MAR**17**-APR**21**

EARLY SPRING CHILDREN'S GARDENING* 3:45-5PM, CHILDREN'S GARDEN ROCKEFELLER PARK 5 SESSIONS. \$75

Celebrate spring by digging and planting in the Children's Garden. Learn about green practices and composting firsthand. For children who enjoy nature and like to get dirty! Ages 6-10.



MONDAYS JAN06-APR27

PARENT & BABY YOGA* FREE PROGRAM: REGISTRATION REQUIRED, SPACE IS LIMITED.

SESSION 1: 1-2:15PM SESSION 2: 2:30-3:45PM **6 RIVER TERRACE**

Enjoy yoga in a safe, supportive environment while learning postures and exercises specifically suited for new parents and babies - newborn through crawling. No program 1/20 and 2/17.



* Registration required. Call 212-267-9700 or email registration@bpca.ny.gov 17

WEDNESDAYS JAN**08-**APR**01**

STORIES & SONGS*

FREE PROGRAM: REGISTRATION REQUIRED, SPACE IS LIMITED.

SESSION 1: 9:40-10:20AM SESSION 2: 10:30-11:10AM SESSION 3: 11:20AM-12PM 6 RIVER TERRACE

Share the experience of live musical performance and creative storytelling with your little one. Professional musicians will light up the spirit through song, movement, and dance. Rhythm instruments provided. For ages 6 months to 3.5 years.

THURSDAYS JAN**09-**APR**02**

PRESCHOOL PLAY & ART* SESSION 1: 10-11:30AM SESSION 2: 3-4:30PM 6 RIVER TERRACE 13 SESSIONS, \$195

Calling all toddlers! Interactive play, artmaking, and more. For walking toddlers through preschool-aged children with accompanying adult. Adults participate throughout the program.



6 RIVER TERRACE

6 River Terrace is our flexible community space, available to rent for parties, meetings, community events, family and holiday gatherings, business meetings, and more! The 2000 sq.ft, wheelchair accessible space has street level access and over 350 square feet of windows that provide natural light and views of the park and Hudson River.

Rates start at \$600 for a two-hour event, with an hour before and after for set-up and clean-up.

Rental contract required. Applications must be received at least one month in advance of the requested rental date.

For venue tours, reservations, and for more information please call: 212-267-9700 ext. 9363 or email: 6riverterrace@bpca.ny.gov

BPC BALL FIELDS

WINTER HOURS JAN01-FEB29

MONDAY - FRIDAY, 9AM-8PM SATURDAY & SUNDAY, 9AM-8PM

Located at West Street between Murray and Warren Streets. Open year-round for group sports including softball, kickball, Ultimate Frisbee, lacrosse, football, and soccer. To apply for a Ball Fields permit, please visit: www.bpca.ny.qov/apply/permits





JAN01-JUN30

MONDAY - FRIDAY, 7-10PM SATURDAY & SUNDAY, 1-9PM

The Community Center is an affordable and convenient resource for recreation, sports, swimming and fitness.

ANNUAL MEMBERSHIPS

ADULTS (18+)	\$199
BATTERY PARK CITY RESIDENTS	\$179
YOUTH, SENIORS (62+), MILITARY	\$79
BATTERY PARK CITY RESIDENT	
YOUTHS, SENIORS, & MILITARY	\$59

FREE CLASSES FOR MEMBERS

Swim lessons for all ages, STRONG by Zumba, total body boxing workout, Tennis, Hatha yoga, Tai chi, badminton, bounce fit cardio and dance classes.

DAY PASS

ADULTS	\$15
YOUTH, SENIORS, MILITARY AND	
BATTERY PARK CITY RESIDENTS	\$10

For more information, visit the Community Center at 345 Chambers Street. www.bpca.ny.gov or email: communitycenter@bpca.ny.gov

SUNDAYS, THURSDAYS MONDAYS, WEDNESDAYS **JAN02-JUN28**

BADMINTON SUNDAYS, 1-5:30PM THURSDAYS, 7-9:30PM

Three courts are available for badminton play for all levels. Shuttlecocks and rackets provided.

SUNDAYS

GROUP SWIM LESSONS FOR KIDS

CYCLE01: JAN05-FEB23 CYCLE02: MAR01-APR19

CYCLE03: APR26-JUN21 (no class 5/24)

Learning to swim develops confidence both in and out of the water. Kids learn water safety skills, as well as a healthy physical activity that can be performed throughout life. Ages 6-12.

BEGINNER LEVEL 1: 1-1:45PM BEGINNER LEVEL 2: 1:45-2:30PM INTERMEDIATE LEVEL 1: 2:30-3:15PM **INTERMEDIATE LEVEL 2 3:15-4PM** ADVANCED LEVEL 1: 4-4:45PM

ADVANCED LEVEL 2: 4:45-5:30PM (only cycles 2-3)

JAN**06**-JUN**29**

HATHA YOGA

MONDAYS, 7-8PM (no class on 5/25)

WEDNESDAYS, 7-8PM (no class on 3/4, ends 3/25)

Learn poses and relaxation techniques while increasing energy levels in this slow-paced stretch class.

MONDAYS, TUESDAYS AND WEDNESDAYS

SWIM LESSONS FOR TEENS AND ADULTS

CYCLE01: JAN06-FEB26

CYCLE02: MAR02-APR22 (no class 3/4) CYCLE03: APR27-JUN24 (no class 5/25)

Teens and adults gain self-confidence and learn life-long, and lifesaving water safety skills. Swimmers with some prior experience can refine their abilities. Private swim lessons also available.

BEGINNER: 7-7:45PM ADVANCED: 7:45-8:30PM

SUNDAYS

TENNIS LESSONS FOR ADULTS

6-8PM

CYCLE01: JAN05-FEB23 CYCLE02: MAR01-APR19

CYCLE03: APR26-JUN21 (no class 5/24)

Learn the mechanics of each stroke, proper court position and movement. Practice the fundamentals of tennis and develop your game! Bring your racket, balls are provided.

MONDAYS, WEDNESDAYS **JAN06-JUN29**

TOTAL BODY BOXING WORKOUT

MONDAYS, 7-8:30PM, (no class on 5/25) WEDNESDAYS, 7-8:30PM, (no class on 3/4)

The biomechanics of the sport require developing

power from the legs up, resulting in a total-body workout.

TUESDAYS, SATURDAYS

BOUNCE FIT CARDIO

TUESDAYS, 7:45-8:15PM CYCLE01: FEB04-JUN30 SATURDAYS, 1:15-2:15PM CYCLE01: JAN18-FEB15

CYCLE**02:** MAR**14**-JUN**27** (no class on 5/23, 6/6)

Get ready to jump into a fitter you! Fitness trampoline has gathered many fans all over the world, bouncing to energizing music while having loads of fun. Improve your cardio, balance and coordination while time flies by!



TUESDAYS FEB**04**-JUN**30**

STRONG BY ZUMBA

7:15-7:45PM

STRONG by Zumba is a revolutionary high-intensity workout led by music to motivate you to crush your ultimate fitness goals.

WEDNESDAYS, SATURDAYS

JAN**04**-APR**29**

ADULT FULL-COURT OPEN BASKETBALL

SATURDAYS, 1-6PM WEDNESDAYS, 7-9:45PM

THURSDAYS JAN**09**-JUN**25**

TAI CHI

7:15-8:15PM

Build muscle and strength, improve flexibility and balance, and increase aerobic conditioning. Tai Chi results in strength and focus of body and mind.

FRIDAYS, SATURDAYS

ADULT DANCE LESSONS FRIDAYS: 7-8:15PM, HIP-HOP

8:30-9:45PM, SALSA

CYCLE**01:** JAN**17**-FEB**14**

CYCLE02: MAR13-JUN26 (no class 5/22, 6/5)

SATURDAYS, 4-5:15PM, AFROBEATS

CYCLE**01:** JAN**18**-FEB**15**

CYCLE**02:** MAR**14**–JUN**27** (no class 5/23, 6/6) Featuring some of the hottest Afrobeats and Soca songs, this open level will be fun and high energy. Come build your stamina and break a sweat on the dance floor.

SATURDAYS

TENNIS LESSONS FOR KIDS

CYCLE**01:** JAN**11**-FEB**29** CYCLE**02:** MAR**14**-MAY**02**

CYCLE03: MAY09-JUN27 (no class 5/23)

Learn the mechanics of each stroke, proper court position and movement. Practice the fundamentals of tennis and develop your game! Bring your racket, balls are provided.

BEGINNER: AGES 5-9, 2-2:45PM BEGINNER: AGES 10-15, 2:45-3:30PM INTERMEDIATE: 15 & UNDER, 3:30-4:15PM

SATURDAYS JAN**18**-JUN**27**

YOUTH DANCE LESSONS

2:30-3:45PM, DANCE MIXER

CYCLE**01**: JAN18-FEB15

CYCLE**02**: MAR14-JUN27 (no class 5/23, 6/6)

Learn a variety of fun and energizing dance from week-to-week including Hip Hop, Salsa, Afrobeats, Soca, Pop and Stepping. Ages 6-17.



BATTERY PARK CITY MAP







75 Battery Place New York, NY 10280 212-267-9700

www.bpca.ny.gov

facebook.com/batteryparkcityparks twitter.com/bpca_ny

instagram.com/bpcparks